

2014-15 Junior Cougar Volleyball Club Tryouts are coming!

Save the dates and times and then follow this [LINK TO PREREGISTER](#).

Tryout fees are \$15 if you preregister or \$20 the day of.

4th-6th grade: Thursday November 6th.

- Check in: between 5:00-5:30pm
- Tryout/Evaluation: 5:30-6:45pm

7th-9th grade: Thursday November 6th.

- Check in: between 6:30-7:30pm
- Tryout/Evaluation: 7:30-9:00pm

More information:

ATHLETES: Cougar Volleyball Club is a club opportunity expressly for athletes who are set to attend Kennedy High School. Athletes are divided by grade, and we hope to have 2 teams at each grade this season (4-8th).

TEAMS: Our goal is to have two teams at each level, and expect that teams will each be comprised of 9-12 players, depending on age of team. There have been exceptions on rare occasion.

ANTICIPATED SCHEDULE:

- Practices: Each team will organize in late November and begin training in December. Each team will connect approx. 2x a week. Practice schedules are generally on Sunday afternoon/evening and one other week day...based on the coaches' schedule and available gym time.
- Tournament Schedule: Competitions begin in January and will culminate April 11-12 in Des Moines at the 2 day event... Iowa Regionals. Teams will compete in approximately 4-5 single day events (a full day Saturday or Sunday) and the Iowa Regionals. Coaches select the events for the teams. At times our youngest teams compete in half day events instead of the full day scheduling.

ANTICIPATED COSTS:

- BEFORE attending the November 6th tryout, all members must first have a current USAV \$15 "tryout" membership for insurance purposes. To obtain, simply go to <http://www.iavbreg.org/index.php/juniors/tryouts/> and follow the yellow "REGISTRATION" button. All instructions are on that page as well.
- Once placed on a team, all participants must then upgrade to a full USAVolleyball membership: All boys--\$30; 11U girls--\$30; 12U-18U girls Full Membership--\$50. Other discounted memberships are

available for shorter term programs and we will consider these for our youngest divisions. Any tryout membership fees WILL be applied toward this full membership.

- Tryout fees: A \$15 tryout fee will be collected at the door on Thursday November 6th to cover all costs associated with the tryout day for all players who have PREREGISTERED using [THIS FORM](#). Otherwise, tryout fees are \$20.
- Participation Fees: We anticipate club fees this year will be \$400 for the upper teams and those teams that will attend regionals. Club fees for 10U, 11U, the lower teams and those teams that won't attend regionals will be \$300. A monthly payment plan is available and many of our families use this payment option. These club fees include general facility fees, equipment fees, tournament entry fees, coaching stipend, administration fees. Half of the club fees will be due at the kick-off meeting on November 16th from 4:00-5:30pm at Kennedy High School cafeteria.
- Uniform Fees: Our intentions are to use the same uniform as last year, so if you have the long sleeve green uniform, you should be set. New players will need to purchase this shirt and it runs approx. \$30. Other gear is available, but optional.

Questions? Feel free to email Club Director, Jacqui Gulick at jacqui.gulick@gmail.com

We are pleased to announce our Jr. Cougar Volleyball!

Each year we offer this winter training opportunity for Kennedy-bound kids (boys and girls) grades 4-8. We also have club training options for our high school players as well.

Our clubs are affiliated with USA Volleyball, and the for fee training program begins with tryouts in early November. Practices generally begin in December, and competitions begin in January and run through mid-April.

For additional information, feel free to contact Club Director, Jacqui Gulick at jacqui.gulick@gmail.com